

BIG PROTEIN BOARD \$22

2 eggs your way, bacon, baked ham, chorizo, haloumi, hash brown, roasted cherry tomatoes & mushrooms served with our housemade flat bread

GREEN BOWL \$16

broccoli, kale, haloumi caprese, dukkah, avocado, housemade hommus & poached eggs

BBQ'D LAMB SHISH \$18

tender lamb, marinated labneh, quinoa tabouli, fattoush, housemade pickle & hommus served with our housemade flat bread

STEAK SANDWICH \$18

juicy steak pieces, sautéed cherry tomato & onion, seeded mustard mayo, lettuce and pan fried sourdough served with beer battered fries

THE BIG SALAD \$12

at Pickle & Lou we make 2 base salads that you could add your favourites to - base salads cannot be altered

BASE 1

white cabbage - iceberg - carrot - tomato - rocket
cucumber - shallots - baby beets - grilled zucchini

BASE 2

quinoa - brown rice - green beans - rocket - roasted caps - tomato - chickpeas - cucumber - shallots

PANCAKES \$16

classic sweet - marscapone sorbet, maple, banana topped with berry compote
sweet & salty - crispy bacon, maple, banana, persian floss & marscapone sorbet

AMERICAN CHEESE BURGER \$18

double beef, crispy bacon, lettuce, tomato, onion, pickles, special sauce served with curly fries

ATLANTIC SALMON \$20

dill & mustard salmon served with our housemade big hash, broccoli, marinated fetta & toasted sesame seeds

FOR THE KIDDIES \$8

bacon & egg plate - fruit & yoghurt bowl
chicken & chips

SALAD ADD ONS

portuguese breast chicken 5
pulled pork 4
tender steak pieces 4
tender lamb pieces 5
yellowfin tin tuna 4
smoked salmon 4

haloumi 4 - marinated fetta 3
goats cheese 3 - grilled pineapple 3
avo smash 2 - roasted pinenuts 2

SIDES

egg 2 - mushroom 3 - haloumi 4 - bacon 4 - big hash 3 - avocado 4 - baked ham 4 - chorizo 4
smoked salmon 4 - roasted tomato 3

ALL DAY

BRUNCH MENU

KITCHEN CLOSSES AT 3PM

BANANA BREAD \$7

housemade & served with sweet cinnamon ricotta

SOURDOUGH TOAST \$5

your choice of soy & linseed or white toast served with spreads of your choice

EGGS YOUR WAY \$10

2 eggs cooked how you like served with sourdough

BREAKY BURGER \$12

fried egg, chorizo, bacon, haloumi topped with housemade aioli & rocket

EXOTIC MUSHROOM \$12

sautéed exotic mushroom, kale, tahini, poached egg

served with shaved pecorino on soy & linseed sourdough

THE BIG HASH (GF) \$14

housemade giant hashbrown, crispy quinoa, jalapeño salsa topped with poached eggs pulled pork OR smoked salmon

FRUIT TOAST \$6

sourdough fruit loaf served with butter & honey

SMOOTHIE BOWL \$14

acai OR banana & pineapple served with tropical fruit salsa, granola & coconut

SMASHED AVO \$16

chargrilled turkish, chunky avo topped with marinated goats cheese, roasted vine ripe tomatoes & poached eggs

THE BENNY \$16

sautéed spinach, poached eggs topped with herb & mustard hollandaise grilled ham OR smoked salmon

FARMERS OMELETTE \$14

marinated goats cheese, spinach, cooked cherry tomatoes & basil served with toasted sourdough

LOADED CURLY FRIES \$12

maple bacon, charred shallots & liquid cheese

SWEET POTATO FRIES \$10

served with housemade creamy aioli

DURING BUSY PERIODS, PLEASE ALLOW EXTRA TIME AS OUR FOOD IS COOKED TO ORDER

NO SPLIT BILLS - PLEASE MAKE US AWARE OF ANY ALLERGIES - 10% SURCHARGE ON PUBLIC HOLIDAYS

ALL DAY

DRINKS MENU

CAFE CLOSSES 5PM

HOT DRINKS	SM	LG
cappuccino	3.50	4.50
latte	3.50	4.50
flat white	3.50	4.50
long black	3.50	4.50
hot chocolate	3.50	4.50
white hot chocolate	3.50	4.50
chai tea latte	3.50	4.50
mocha - white mocha	3.50	4.50

espresso	3
piccolo	3
macchiato	3

la maison tea selection	Pot 4
english breakfast - earl grey - green - darjeeling	
camomile - lemon & ginger	

EXTRAS 50c

soy - almond - lactose free
extra shot - syrups

SHAKES & ICED COFFEES \$7

cookies & cream
iced tim tam
iced mint slice
iced snickers

iced coffee
iced long black
virgin affogato

SMOOTHIES \$8

banana - peanut butter - yoghurt - honey
mango - spinach - banana - coconut milk
strawberry - yoghurt - vanilla - milk

FRESHLY SQUEEZED JUICES \$8

GREEN - cucumber, spinach, apple, celery, ginger & lemon
MELON - watermelon, pineapple & orange
ORANGE - navel oranges

SOFT DRINKS \$3.50

coke
coke zero
lemonade
fanta
lemon squash
lemon lime bitters
ginger beer
500ml still water
500ml sparkling water

PICKLE & LOU
2018®